



relax
~ UNWIND ~
indulge



FIVE STAR DAY SPA

Welcome to your journey

Step inside our award winning premises. Allow yourself to relax, unwind and indulge.

Rediscover the inner peace you deserve. Escape to the Central Coast's hidden gem.

Allow our dedicated team to make you feel refreshed, youthful, recharged, invigorated and nurtured.

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2.



Signature Facial

Our luxurious, customised Signature Facial incorporates the use of active ingredients along with massage to target and treat your skin concerns. A holistic treatment combining relaxation as well as results.

30 min - \$95

60 min - \$135

Skin Workout Treatments

Skin Workout treatments (often referred to as skin peels) aim to rejuvenate skin through accelerated exfoliation. These treatments have been developed to quickly refresh and restore skins youthful appearance.

- **Mandelic Acid Peel** utilises AHA's to quickly decongest, clarify and help control oil production. With proven anti-ageing ingredient Niacinamide and potent antioxidant Clove Oil, this peel improves surface congestion and reduces inflammation.
- **Lactic Acid Peel** delivers fast results and actively works to resurface and improves skin's moisture levels while restoring clarity and luminosity.
- **Vitapeel** features high strength AHAs and BHA to treat ageing or sun damaged skin. It rapidly exfoliates surface congestion while diminishing the appearance of dark spots, hyperpigmentation and blotchiness to reveal a brighter, clearer complexion.

30 min - \$109 (Includes Infusion)

60 min - \$165 (Includes Infusion)

A course of skin treatments is advised for best results. Purchase 5 skin treatments, and receive your 6th complimentary.



Paramedical Treatments

Performed by highly trained skin experts, these treatments provide remarkable regenerative effects on the skin.

MICRODERMABRASION

Genuine laser cut diamond tip wands gently exfoliate the skins surface, while a gentle suction feature stimulates collagen and elastin and improves blood circulation. Your skin will feel clean, fresh and rejuvenated.

30 min - \$109 (Includes Infusion) 60 min - \$165 (Includes Infusion) 75 min - \$199 (Includes Infusion + LED)

HYDROBRASION

A revolutionising skin resurfacing system, the Hydroabrasion machine can customise either a dry or wet microdermabrasion to the face to improve the overall look, feel, texture and tone of the skin and allows active ingredients to penetrate the skin more effectively.

More comfortable for sensitive or mature dry skins.

30 min - \$129 (Includes Infusion) 60 min - \$179 (Includes Infusion) 75 min - \$209 (Includes Infusion + LED)

LED PHOTOTHERAPY

LED Phototherapy is used to treat: pigmented age spots, inflammation and redness, fine lines and wrinkles, acne and breakouts, Rosacea and cold sores. Each treatment includes a cleanse, sono cleanse, LED treatment, Infusion and SPF application.

For enhanced results, LED treatments are best performed every 48 hours.

LED Stand alone treatment 30 mins - \$99 LED Package of 10 \$792

4.



VITAMIN INFUSION

UltraSonophoresis utilises low frequency ultrasound to increase the penetration of potent active ingredients deep into the skin.
A customized treatment targeting your skin concerns).

30 min - \$99 60 min - \$155 75 min - \$179 (Includes LED)

RADIANCE PLUS

Targeting hyperpigmentation and photoageing concerns, this radiance boosting mask combines a powerful blend of 8 skin brightening agents to rapidly reduce the appearance of hyperpigmentation, dark spots and blotchiness to reveal a luminous complexion.

45 min - \$149 60 min \$169 (Includes LED)

A-ZYME

The powerhouse of all anti-ageing treatments. Combines proven ingredients Retinol and Bromelain to refresh, refine, hydrate and plump skin. Course treatments are highly recommended to obtain the best results possible.

45 min - \$185 (Includes Infusion) 60 min - \$210 (Includes Infusion + LED)

A course of paramedical treatments is advised for best results. Purchase 5 skin treatments, and receive your 6th complimentary.

DERMAPEN SKIN NEEDLING

Also known as Collagen Induction Therapy, this treatment is proven to reduce the appearance of fine lines and wrinkles, skin sagging, pigmentation, acne scarring, stretch marks and Rosacea. Consultation required prior to booking.

Full Face Treatment \$399 Pack of Three - \$999 (includes a post treatment pack)

Note: Customised Pigmentation, Anti-Ageing and Acne/Acne Scarring Treatments available upon request.



ULTRACEUTICALS

REAL SKINCARE • REAL RESULTS



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REAL SKINCARE • REAL RESULTS

Even Skin Tone Smoothing Serum

Slightly acidic, non-irritating & oil
lightweight, fast absorbing!
Leaves all skin types radiant!
Formule légère et absorbante

ULTRACEUTICALS
REAL SKINCARE • REAL RESULTS

Ultra C10+ Firming Serum with MicroElastic® & MicroCollagen Peptides

The Collagen fragment
helps visibly tighten skin.
For Normal, Dry or Oily skin.
Formule Pro-Collagen
Acide 10% adoucissant et à effet
Pressur non irritant.

ULTRACEUTICALS
REAL SKINCARE • REAL RESULTS

Ultra Gentle Exfoliating Gel

Gently exfoliates
without stripping
Clears congestion
Minimises pores
Exfolie en douceur
sans irriter la peau
Élimine les impuretés
Minimise les pores

ULTRACEUTICALS
REAL SKINCARE • REAL RESULTS

Ultra A Skin Perfecting Serum Mild

Improves the appearance
of fine lines & wrinkles
Contains pure Retinol
Améliore l'apparence
des rides et ridules
Contient du Retinol pur

Ultra Clear Treatment Lotion

Visibly reduces
appearance of blemishes,
Darkens & unclogs pores
Reduces redness!
Améliore l'apparence des taches
Purifie et libère les pores

Intensive Body Treatments

FULL BODY EXFOLIATION AND HYDRATING SOUFFLE

Polish away dull skin to reveal a radiant glow with instant results.

The finishing application of an Organic Body Soufflé leaves the mind relaxed and skin rejuvenated.

60 mins - \$130

BODY COCOONS

Polish away dull skin and leave it silky smooth and hydrated.

These treatments include a full body exfoliation, nourishing body soufflé, body cocoon/wrap and a scalp massage.

ENERGISING LEMON MYRTLE BODY COCOON

Cleansing benefits of Australian Lemon Myrtle & hydrating Macadamia Oil, this blend leaves skin renewed and the mind uplifted. Cooling properties aid in the reduction of inflammation and specifically beneficial for legs and feet.

75 mins - \$165

HYDRATING COCONUT & JASMINE BODY COCOON

Rich in antioxidants, a fusion of exotic tropical florals to stimulate the senses. Used for its anti aging properties, leaving the skin smooth and hydrated to prevent premature ageing and stimulate collagen renewal.

75 mins - \$165



Five Star Packages

THE UNWINDER

Relaxation Massage and a Signature Facial

75 mins - \$165

GODDESS ZIVA

Full body exfoliation and Relaxation Massage

90 mins - \$175

WEEKEND WARRIOR

Back exfoliation, a deep cleansing or hydrating back mask, relaxation back neck and shoulder massage and a customised Signature Facial

90 min - \$185

TAPAS TREATS

Rose petal foot soak & pedicure, back exfoliation, back massage, Signature Facial and a scalp massage

120 mins - \$235

8.



Five Star Packages

SIMPLY HEAVEN

Full body Hot Stone Massage and a customised Signature Facial

120 mins - \$250

FRAZZLED TO FABULOUS

Full body Relaxation Massage followed by a customised Signature Facial and an Organic Coconut Oil Scalp Treatment

135 mins - \$270

DREAM TIME

Back exfoliation, full body Hot Stone Massage, customised Signature Facial, Express Pedicure
and Organic Coconut Oil Scalp Treatment

180 mins - \$365

THE DIVINE DAY SPA EXPERIENCE

Full body exfoliation, full body Relaxation Massage, Signature Manicure, Signature Pedicure,
customised Signature Facial and Organic Coconut Oil Scalp Treatment

5 Hours - \$550 (Includes gourmet lunch)



THERAPEUTIC MASSAGE

Relaxation Massage (30mins)	\$80
Relaxation Massage (60mins)	\$110
Relaxation Massage (90mins)	\$155
Remedial or Pregnancy Massage (30mins)	\$85
Remedial or Pregnancy Massage (60mins)	\$125
Remedial Massage (90mins)	\$170
Oncology/Lymphatic Massage (60mins)	\$130
Hot Stone Massage (60mins)	\$130
Hot Stone Massage (90mins)	\$175

HAND AND FEET TREATMENTS

Manicure (45mins)	\$90
Express Pedicure (30mins)	\$75
Signature Hot Stone Pedicure (60mins) <i>with take home polish</i>	\$130
Bubbles Indulgence for two - Signature Pedicure and champagne in our private couples room (60mins)	\$220

FOR YOUR EYES

Eyebrow Wax	\$25
Eyebrow Tint	\$25
Eyelash Tint	\$25
Eyebrow Wax & Eyelash Tint	\$40
Eyebrow Wax & Eyebrow Tint	\$40
Eyebrow & Eyelash Tint	\$40
Eyebrow Wax / Tint & Eyelash tint	\$55

BODY WAXING

Chin or Lip	\$15
Underarm	\$25
Half Arm	\$30
Full Arm	\$40
Half Leg	\$40
Full Leg	\$60
Bikini (from)	\$35
Intimate Bikini from	\$45
Brazilian	\$65
Back or Chest	\$60



SPA DAY / HENS / BABY SHOWERS BIRTHDAYS / STAFF REWARDS

Let us create a wonderful experience for friends & family by celebrating special occasions in the spa. **Enjoy a mini High Tea while you unwind in our private relaxation room which is yours to enjoy for the duration of your treatment.**

AN EXAMPLE OF TREATMENTS...

Choose 2 of the following treatments

- *Signature Facial*
- *Full body exfoliation and Hydrating Cocoon*
- *Relaxation Massage*
- *Hot Stone Pedicure*

\$255 per person

COUPLES ROOM AVAILABLE

Enjoy the perfect treatment or massage with your friend, partner or family member, call us for more information.

BOOKINGS / SPA ETIQUETTE & CANCELLATIONS

Please arrive a minimum of 15 mins prior to your appointment to ensure optimum relaxation.

Unfortunately late arrivals result in shorter treatment times. Appointment confirmations are made by SMS or a phone call. At times you may need to cancel your appointment, 24/48hrs notice is greatly appreciated, no shows are unfortunately not.

Gift Voucher bookings are considered paid when the booking is made, therefore “no shows” will forfeit the treatment amount. Mobile phones are to be on silent as a courtesy to others and the spa.

Deposits are required to secure your booking.

This deposit is non-refundable if you fail to keep your appointment time. This also applies to treatments where a gift voucher is used.





FIVE STAR DAY SPA

HOURS

Monday	9.00am - 5.00pm
Tuesday	9.00am - 5.00pm
Wednesday	9.00am - 5.00pm
Thursday	9.00am - 7.00pm
Friday	9.00am - 6.00pm
Saturday	9.00am - 3.00pm

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